

# parenting CHRISTIAN (IGS





### What We're Learning:

Here is an overview of what we will learn during small groups & Kids Church.

Oct. 1 – Jesus' Crucifixion

Oct. 8- Jesus' Resurrection

Oct. 15– The Emmaus Disciples

Oct. 22– Jesus Appeared to the Disciples

Oct. 29- Jesus and the Doubter



# A Quick Word from Tyler

#### **Family Outreach Opportunity**

As followers of Jesus we have the responsibility to share the gospel we know with people that desperately need to hear it. Jesus speaks to this clearly in what is most commonly referred to as the Great Commission in Matthew 28 and commands us to make disciples.

At FBCER we are always looking for ways to connect unchurched people to Christ. We have an event coming up that hopes to serve that purpose.

On Sunday, October 29 we are having our annual Trunk-or-Treat event that serves as an open door to our church for our community. Our hope is that families will come to this event for the candy, food and fun but that it will serve as an opportunity for them to become connected with Christ and with

our church.

As we prepare for this event there are several ways for your entire family to be involved in making sure this event serves it's intended purpose.

#1- Pray

If we want to be a part of God's Work we should first seek God and ask Him to use this event to reach people far from him. During your family's prayer times take some time to begin praying for this event. Pray that God would use it for His glory and for reaching people.

#### #2- Invite

The best advertisement is still word of mouth. Help us reach as many people as we can by inviting as many people as you can. What family is your family acquainted with that would enjoy coming to this event and could use a church

to be a part of? Take some time to discuss with your kids and let them be a part of inviting families.

#### #3- Serve

In order for this event to be a success we need plenty of people to host a trunk. Hosting a trunk as a family could provide some great family time as you make a plan and bring it to life together. You could also reinforce the idea of giving of yourself for the sake of others by having your kids help at the trunk part of the night and missing a few extra pieces of candy.

Looking forward to see what God does with this event as we all pray, invite and serve together.

In Christ,

Tyler



# TEACHABLE MOMENTS

#### On the "Grow"

With a marker, divide a sheet of poster board into four squares. Label the squares "Wisdom," "Physically," Friendship With God," and "Friendship With People."

Read aloud Luke 2:52. Say: Jesus was a child once and grew up. Let's play a game to think about ways we grow.

Stand back from the poster and take turns throwing a beanbag at it. The "thrower" then acts out one thing he or she can do to grow in that area. For example, "Friendship With People" could be sharing a toy. Try to guess what's being acting out—no talking!

Afterward, ask: Why was it important for Jesus to grow in these four areas? How can Jesus help you as you grow in each area? What's one area you can ask Jesus to help you grow in this week?

Say: By strengthening your mind, your body, your friendship with God, and your friendships with people, you can grow up just like Jesus did!



## **Living and Learning**

As children grow and learn, they must solve problems along the way. Here's how that happens—and how you can help as a parent.

**Birth to Age 2** Young children are sensory-oriented and learn by imitating. Offer choices and model different basic problem-solving techniques.

**Ages 3 to 5** Preschoolers are multisensory, solving as they touch and do. Allow time and space for problem-solving. Praise children's efforts.

**Ages 6 to 8** Kids this age begin to learn in specific ways (visual, auditory, tactile, etc.), which also affects how they tackle problems.

**Ages 9 to 12** Preteens observe how peers solve problems. They want to be independent but may lack confidence. Tell kids you trust their abilities. Let them know failure is okay. Also be available to discuss problems.

**Mobile Learners** Researchers agree that some of the most productive mental processing occurs when children are active and involved. So get up and discuss Jesus and faith while doing other activities as a family.

The "I Can't" Jar When children say they can't do something, write down the problem and pray about it together. When the obstacle has been overcome, put the slip of paper in a jar as a reminder of what Jesus helps us accomplish.

Apply Always While reading the Bible together, ask questions with specific applications; for example, "How can we serve our neighbors today?" and "What's one thing you can do this week to show love?"

Calm & Collected Model for children how to react to bad or scary news. Don't use worst-case scenarios or exaggerate risks to make a point. Instead, provide accurate, ageappropriate information. Brainstorm solutions together to empower kids and to give them a sense of control.

Wise Guys (and Gals) Ask family members what they'd wish for if they were granted one wish. Then read aloud 1 Kings 3:5-9. Make booklets out of folded paper, stapling the folded edge. Fill them with wise sayings (or drawings) you can teach one another—anything from "Treat others the way you want to be treated" to "Don't shake a bottle of soda before opening it." Browse through Proverbs for ideas. Add pages and ideas throughout the school year.

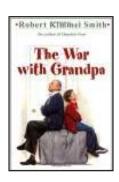
Twenty Questions Encourage interruptions and pause often while sharing biblical concepts with your kids. Let them share their thoughts and ask questions. You'll discover whether they have adequate "mental hooks" (see page one) on which to hang new information.

Be Strengthened Read aloud Isaiah 40:31. Say: "If we trust in God, he will give us new strength." As a reminder to trust God when problems arise, take turns trying a cool trick. Stand in a doorway and press the backs of your hands against the door frame as hard as you can. Count to 25, then step away, relax your arms, and see what happens. Say: "You found new strength! When you stopped pressing so hard, your arms wanted to fly up. God renews our strength when we're tired and when life gets tough. Always trust God!"

"I pray that...you will keep on growing in knowledge and understanding. For I want you to understand what really matters, so that you may live pure and blameless lives."

-Philippians 1:9-10

# MEDIA MADNESS



#### **MOVIE**

Title: The War With Grandpa Genre: Family, Comedy, Drama

Rating: Not yet rated

Cast: Robert De Niro, Oakes Fegley, Christopher Walken, Uma Thurman Synopsis: When Peter's grandfather becomes a widower, he moves into his grandson's beloved bedroom. Peter plots outrageous schemes to try to get his space back, but Grandpa is very resourceful and has a few tricks up his own sleeve.

Our Take: This film, based on a novel by Robert Kimmel Smith, explores the challenges of family life and change. Although the situation is played for laughs, the movie can lead to important discussions about respecting our elders, selflessness, and personal space.



#### TV

Title: Raven's Home Network: Disney

Synopsis: Raven-Symoné has returned to television, this time as a busy divorced mother of preteen twins. The title character, who starred in *That's So Raven* 10 years ago, joins forces with her best friend to raise their kids. Raven's son has inherited her psychic gift and must learn to cope with that power.

Our Take: Be warned that part of the plot line revolves about visions and clairvoyance. The sitcom addresses a range of preteen troubles and explores different family structures and parenting styles. Preview the show to determine whether it's a fit for your family. Geared toward ages 8 and up.



# CULTURE & TRENDS

Recycled Clothes Some students headed back to school this fall in "green" clothing—of many colors. Retailers such as Target and J.C. Penney now offer jeans and shirts made from recycled fabric and even plastic bottles. Tags touting "Responsible Style" attract ecofriendly consumers. (AP)

The Honest Truth? Take note: The new app Sarahah (Arabic for "candor") is exposing kids to online bullying. Known as the "honesty app," it allows anyone to comment on a person's social media posts and photos anonymously. Although Sarahah isn't recommended for children, it has no age restriction. (commonsensemedia.org)

## Games, Sites & Apps

#### **Arms**

This cartoonish fighting game is for Nintendo's new Switch console. Players use detachable motion-sensor joysticks and can brawl with a variety of offbeat items. In just four months on the market, more than 5 million Switch consoles have sold, earning comparisons to Nintendo's last hit, Wii.

Switchzoo.com

Kids can create their own unique animals, mixing and matching body parts, habitats, sounds, and more. Amid the fun, children also learn animal facts and explore topics such as diversity and species specialization. The site features 142 animals, as well as virtual field trips. Best for ages 5 to 9.

# Thinkrolls: Kings & Queens

This app from award-winning company
Avokiddo features a variety of logic and physics-related puzzles. In a fantasy setting, young players learn strategy, problemsolving, and cause and effect. The app costs \$3.99 and is designed for ages 3 to 8.

This page is designed to help educate parents and isn't meant to endorse any movie, music, or product. Our goal is to help you make informed decisions about what your children watch, read, listen to, and play.

# QUICK STATS

Older Is Better? Researchers say older mothers tend to thrive because they have more psychological and cognitive flexibility. A study of more than 4,700 families reveals that older mothers are less harsh regarding discipline, and their kids are less likely to have behavioral, social, and emotional problems. (nytimes.com)

Screen Danger A study of 4,500 children found that those who logged more than three hours of screen time per day had insulinresistance levels that were 11% higher than those of kids who spent less than one hour a day in front of screens. (theguardian.com)



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
9:30am Small Groups & Worship Service 11:00am Kids Church (Pre-k- 4th), Small Groups(5th &6th )& Worship	2	3	5:30pm Dinner-Pizza 6:30pm Planted, Rooted & REFUGE	5	6	7
9:30am Small Groups & Worship Service 11:00am Kids Church (Pre-k- 4th), Small Groups(5th &6th) & Worship	9	10	5:30pm Dinner-Chicken Fingers 6:30pm Planted, Rooted & REFUGE	12	13	14
9:30am 15 Small Groups & Worship Service 11:00am Kids Church (Pre-k- 4th), Small Groups(5th &6th) & Worship	16	17	18 Fall Break No Evening Activities	19	20	21
9:30am 22 Small Groups & Worship Service 11:00am Kids Church (Pre-k- 4th), Small Groups(5th &6th )& Worship	23	24	5:30pm 25 Dinner-Steak Fingers 6:30pm Planted, Rooted & REFUGE		27 mas Choir arsal begin d & Rooted	28
9:30am 29 Small Groups & Worship Service 11:00am Kids Church (Pre-k -4th), Small Groups (5th &6th )& Worship	West Po	31 c-or-Treat arking Lot to 6:30pm				

